MASHH Medical Inventory Kit

MASHH Herbal Wellness and 1st Aid Inventory Kit for front line activists

- Triple antibiotic ointment
- Acetaminophen
- Ibuprofen
- Benadryl
- Wet antibacterial wipes
- packs tissues
- Emergen-c packets
- Assorted gauze
- Assorted bandages
- Hand sanitizer
- Battery operated LED strand
- Box of matches and one candle
- Gloves
- Sterile gloves
- Cough drops
- Stabilizing glycerite formula (Taproot Medicine's Stabilizing Syrup)
- Topical wound care
- One bungee cord
- Alcohol prep pads
- Cotton balls
- Glucose boost (Shot Blox, mints, etc)
- Bubbles
- Q-tips
- Trash bags and zip lock bags
- Wound wash
- Cayenne
- Bentonite clay

To add:

- Essential oil kit
- Saline solution single use packs
- Sanitized/sterile/new tweezers, clippers, scissors.
- 5-Flower/Rescue Remedy
- Ace bandages and vet wrap
- Apple cider vinegar soaked bandana in ziplock bag
- Instant hot and cold packs
- liquid antacid
- 1 bottle of water
- Extra ziplock bags

Article Sources and Contributors

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